



Food Allergy & Sensitivity Information

Last Updated: 07/20/2026

Key ✓ Item does NOT contain the allergen ! Item DOES CONTAIN the allergen								
	Gluten	Milk	Eggs	Fish	Shellfish	Peanuts	MSG	Sesame

New

Cantina Chicken Mexican Pizza	!	!	✓	✓	✓	✓	✓	✓
Cantina Veggie Mexican Pizza	!	!	✓	✓	✓	✓	✓	✓
Chicken Fajita Nacho Fries	!	!	!	✓	✓	✓	✓	✓
Cinnamon Sugar Churros	!	!	!	✓	✓	✓	✓	✓
Crispy Chicken Burrito - Avocado Ranch	!	!	!	✓	✓	✓	✓	✓
Crispy Chicken Burrito - Creamy Chipotle Sauce	!	!	!	✓	✓	✓	✓	✓
Crispy Chicken Crunchwrap	!	!	!	✓	✓	✓	✓	✓
Crispy Chicken Strips - 2 piece	!	✓	✓	✓	✓	✓	✓	✓
Crispy Chicken Strips - 4 piece	!	✓	✓	✓	✓	✓	✓	✓
Crispy Chicken Taco - Avocado Ranch	!	!	!	✓	✓	✓	✓	✓
Crispy Chicken Taco - Creamy Chipotle Sauce	!	!	!	✓	✓	✓	✓	✓
Dragonfruit Freeze® (16 oz)	✓	✓	✓	✓	✓	✓	✓	✓
Dragonfruit Freeze® (20 oz)	✓	✓	✓	✓	✓	✓	✓	✓
Dragonfruit Freeze® with Dragonfruit Syrup (16 oz)	✓	✓	✓	✓	✓	✓	✓	✓
Dragonfruit Freeze® with Dragonfruit Syrup (20 oz)	✓	✓	✓	✓	✓	✓	✓	✓
Dragonfruit Strawberry Limonada	✓	✓	✓	✓	✓	✓	✓	✓
Fajita Cheesy Street Chalupas - Cantina Chicken	!	!	!	✓	✓	✓	✓	✓
Fajita Cheesy Street Chalupas - Steak	!	!	!	✓	✓	✓	✓	✓
Jalapeno Citrus Salsa Packet	✓	✓	✓	✓	✓	✓	✓	✓
Mango Peach Limonada	✓	✓	✓	✓	✓	✓	✓	✓
Orange Vanilla Cream Soda Freeze™ (16 oz)	✓	!	✓	✓	✓	✓	✓	✓
Orange Vanilla Cream Soda Freeze™ (20 oz)	✓	!	✓	✓	✓	✓	✓	✓
Pineapple Dream Refresca	✓	!	✓	✓	✓	✓	✓	✓
Quesarito	!	!	✓	✓	✓	✓	✓	✓
Strawberry Dream Refresca	✓	!	✓	✓	✓	✓	✓	✓
Strawberry Passionfruit Limonada	✓	✓	✓	✓	✓	✓	✓	✓

	Gluten	Milk	Eggs	Fish	Shellfish	Peanuts	MSG	Sesame
Vanilla Cream Soda Freeze™ (16 oz)	✓	!	✓	✓	✓	✓	✓	✓
Vanilla Cream Soda Freeze™ (20 oz)	✓	!	✓	✓	✓	✓	✓	✓

Cantina Chicken Menu

Avocado Salsa Verde Packet	✓	✓	✓	✓	✓	✓	✓	✓
Cantina Chicken Bowl	✓	!	!	✓	✓	✓	✓	✓
Cantina Chicken Burrito	!	!	!	✓	✓	✓	✓	✓
Cantina Chicken Crispy Taco	✓	!	!	✓	✓	✓	✓	✓
Cantina Chicken Rolled Quesadilla	!	!	!	✓	✓	✓	✓	✓
Cantina Chicken Soft Taco	!	!	!	✓	✓	✓	✓	✓

Tacos

Black Bean Chalupa Supreme® (V)	!	!	✓	✓	✓	✓	✓	✓
Chalupa Supreme® - Beef	!	!	✓	✓	✓	✓	✓	✓
Chalupa Supreme® - Chicken	!	!	✓	✓	✓	✓	✓	✓
Chalupa Supreme® - Steak	!	!	✓	✓	✓	✓	✓	✓
Cheesy Gordita Crunch	!	!	!	✓	✓	✓	✓	✓
Crunchy Taco	✓	!	✓	✓	✓	✓	✓	✓
Crunchy Taco Supreme®	✓	!	✓	✓	✓	✓	✓	✓
Doritos® Cheesy Gordita Crunch - Nacho Cheese	!	!	!	✓	✓	✓	!	✓
Double Stacked Taco	!	!	✓	✓	✓	✓	✓	✓
Nacho Cheese Doritos® Locos Taco	✓	!	✓	✓	✓	✓	!	✓
Nacho Cheese Doritos® Locos Taco Supreme®	✓	!	✓	✓	✓	✓	!	✓
Soft Taco - Beef	!	!	✓	✓	✓	✓	✓	✓
Soft Taco - Chicken	!	!	✓	✓	✓	✓	✓	✓
Soft Taco Supreme® - Beef	!	!	✓	✓	✓	✓	✓	✓
Soft Taco Supreme® - Chicken	!	!	✓	✓	✓	✓	✓	✓
Spicy Potato Soft Taco (V)	!	!	!	✓	✓	✓	✓	✓

Burritos

Bean Burrito (V)	!	!	✓	✓	✓	✓	✓	✓
Beefy 5-Layer Burrito	!	!	✓	✓	✓	✓	✓	✓
Black Bean Grilled Cheese Burrito	!	!	!	✓	✓	✓	✓	✓
Burrito Supreme® - Beef	!	!	✓	✓	✓	✓	✓	✓
Burrito Supreme® - Chicken	!	!	✓	✓	✓	✓	✓	✓

	Gluten	Milk	Eggs	Fish	Shellfish	Peanuts	MSG	Sesame
Burrito Supreme® - Steak	!	!	✓	✓	✓	✓	✓	✓
Cheesy Bean & Rice Burrito (V)	!	!	!	✓	✓	✓	✓	✓
Cheesy Double Beef Burrito	!	!	✓	✓	✓	✓	✓	✓
Chicken Enchilada Burrito	!	!	✓	✓	✓	✓	✓	✓
Chili Cheese Burrito (regional)	!	!	✓	✓	✓	✓	✓	✓
Grilled Cheese Burrito	!	!	!	✓	✓	✓	✓	✓
Grilled Cheese Burrito - Chicken	!	!	!	✓	✓	✓	✓	✓
Grilled Cheese Burrito - Steak	!	!	!	✓	✓	✓	✓	✓

Nachos

Chips and Nacho Cheese Sauce (V)	!	!	✓	✓	✓	✓	✓	✓
Loaded Beef Nachos	!	!	✓	✓	✓	✓	✓	✓
Nachos BellGrande® - Beef	!	!	✓	✓	✓	✓	✓	✓
Nachos BellGrande® - Chicken	!	!	✓	✓	✓	✓	✓	✓
Nachos BellGrande® - Steak	!	!	✓	✓	✓	✓	✓	✓

Quesadillas

Quesadilla - Cheese (V)	!	!	!	✓	✓	✓	✓	✓
Quesadilla - Chicken	!	!	!	✓	✓	✓	✓	✓
Quesadilla - Steak	!	!	!	✓	✓	✓	✓	✓

Specialties

3-Cheese Chicken Flatbread Melt	!	!	!	✓	✓	✓	✓	✓
Black Bean Crunchwrap Supreme® (V)	!	!	✓	✓	✓	✓	✓	✓
Cheesy Roll Up (V)	!	!	✓	✓	✓	✓	✓	✓
Crunchwrap Supreme®	!	!	✓	✓	✓	✓	✓	✓
Mexican Pizza	!	!	✓	✓	✓	✓	✓	✓
Stacker	!	!	✓	✓	✓	✓	✓	✓
Veggie Mexican Pizza (V)	!	!	✓	✓	✓	✓	✓	✓

Sides & Sweets

Black Beans & Rice (V)	✓	✓	✓	✓	✓	✓	✓	✓
Black Beans (V)	✓	✓	✓	✓	✓	✓	✓	✓
Cheesy Fiesta Potatoes (V)	!	!	✓	✓	✓	✓	✓	✓

	Gluten	Milk	Eggs	Fish	Shellfish	Peanuts	MSG	Sesame
Cinnabon® Delights™ (2 Pk) (V)	!	!	!	✓	✓	✓	✓	✓
Cinnabon® Delights™ (12 Pk - Serves 4) (V)	!	!	!	✓	✓	✓	✓	✓
Cinnamon Twists (V)	!	✓	✓	✓	✓	✓	✓	✓
Diablo Sauce Packet (V)	✓	✓	✓	✓	✓	✓	✓	✓
Fire Sauce Packet (V)	!	✓	✓	✓	✓	✓	✓	✓
Hot Sauce Packet (V)	✓	✓	✓	✓	✓	✓	✓	✓
Large Nacho Fries	!	!	✓	✓	✓	✓	✓	✓
Mild Sauce Packet (V)	✓	✓	✓	✓	✓	✓	✓	✓
Nacho Fries	!	!	✓	✓	✓	✓	✓	✓
Pintos N Cheese (V)	✓	!	✓	✓	✓	✓	✓	✓

Drinks

Blue Raspberry Freeze™ (16 oz)	✓	✓	✓	✓	✓	✓	✓	?
Blue Raspberry Freeze™ (20 oz)	✓	✓	✓	✓	✓	✓	✓	?
Caramel Dulce Churro Chiller (16 oz)	✓	!	✓	✓	✓	✓	✓	✓
Caramel Dulce Churro Chiller (20 oz)	✓	!	✓	✓	✓	✓	✓	✓
Cinnabon® Caramel Coffee - Hot	✓	!	✓	✓	✓	✓	✓	✓
Cinnabon® Caramel Coffee - Iced (16 oz)	✓	!	✓	✓	✓	✓	✓	✓
Cinnabon® Caramel Coffee - Iced (20 oz)	✓	!	✓	✓	✓	✓	✓	✓
Cinnabon® Caramel Latte Chiller (16 oz)	✓	!	✓	✓	✓	✓	✓	✓
Cinnabon® Caramel Latte Chiller (19 oz)	✓	!	✓	✓	✓	✓	✓	✓
Cinnabon® Delights™ Coffee - Hot	✓	!	✓	✓	✓	✓	✓	✓
Cinnabon® Delights™ Coffee - Iced	✓	!	✓	✓	✓	✓	✓	✓
Dragonfruit Berry Agua Refresca	✓	✓	✓	✓	✓	✓	✓	✓
Hot Coffee with Creamer	✓	!	✓	✓	✓	✓	✓	✓
Iced Coffee with Creamer	✓	!	✓	✓	✓	✓	✓	✓
Lowfat Milk - CA (Regional)	✓	!	✓	✓	✓	✓	✓	✓
Lowfat Milk - Federal (Regional)	✓	!	✓	✓	✓	✓	✓	✓
Mango Peach Agua Refresca	✓	✓	✓	✓	✓	✓	✓	✓
Mexican Chocolate Churro Chiller (16 oz)	!	!	✓	✓	✓	✓	✓	✓
Mexican Chocolate Churro Chiller (20 oz)	!	!	✓	✓	✓	✓	✓	✓
Mexican Mocha Coffee - Hot	!	!	✓	✓	✓	✓	✓	✓
Mexican Mocha Coffee - Iced (16 oz)	!	!	✓	✓	✓	✓	✓	✓
Mexican Mocha Coffee - Iced (20 oz)	!	!	✓	✓	✓	✓	✓	✓
Mexican Mocha Latte Chiller (16 oz)	!	!	✓	✓	✓	✓	✓	✓
Mexican Mocha Latte Chiller (20 oz)	!	!	✓	✓	✓	✓	✓	✓

	Gluten	Milk	Eggs	Fish	Shellfish	Peanuts	MSG	Sesame
Mtn Dew® Baja Blast Freeze™ (16 oz)	✓	✓	✓	✓	✓	✓	✓	✓
Mtn Dew® Baja Blast Freeze™ (20 oz)	✓	✓	✓	✓	✓	✓	✓	✓
Orange Juice	✓	✓	✓	✓	✓	✓	✓	✓
Pineapple Lime Rockstar Refresca	✓	✓	✓	✓	✓	✓	✓	✓
Pink Lemonade Frost (16 oz)	✓	!	✓	✓	✓	✓	✓	✓
Pink Lemonade Frost (20 oz)	✓	!	✓	✓	✓	✓	✓	✓
Premium Roast Coffee - Hot	✓	✓	✓	✓	✓	✓	✓	✓
Premium Roast Coffee - Iced	✓	✓	✓	✓	✓	✓	✓	✓
Strawberry Matcha Chiller (16 oz)	✓	!	✓	✓	✓	✓	✓	✓
Strawberry Matcha Chiller (20 oz)	✓	!	✓	✓	✓	✓	✓	✓
Strawberry Passionfruit Agua Refresca	✓	✓	✓	✓	✓	✓	✓	✓
Tropical Punch Rockstar Refresca	✓	✓	✓	✓	✓	✓	✓	✓
Vanilla Crema Coffee - Hot	✓	!	✓	✓	✓	✓	✓	✓
Vanilla Crema Coffee - Iced (16 oz)	✓	!	✓	✓	✓	✓	✓	✓
Vanilla Crema Coffee - Iced (20 oz)	✓	!	✓	✓	✓	✓	✓	✓
Vanilla Crema Latte Chiller (16 oz)	✓	!	✓	✓	✓	✓	✓	✓
Vanilla Crema Latte Chiller (20 oz)	✓	!	✓	✓	✓	✓	✓	✓
Water	✓	✓	✓	✓	✓	✓	✓	✓
Wild Strawberry Churro Chiller (16 oz)	✓	!	✓	✓	✓	✓	✓	✓
Wild Strawberry Churro Chiller (20 oz)	✓	!	✓	✓	✓	✓	✓	✓

Luxe Value Menu

3-Cheese Chicken Flatbread Melt - Value Menu	!	!	!	✓	✓	✓	✓	✓
Avocado Ranch Chicken Stacker	!	!	!	✓	✓	✓	✓	✓
Beefy Potato Loaded Griller	!	!	!	✓	✓	✓	✓	✓
Cheesy Bean & Rice Burrito - Value Menu	!	!	!	✓	✓	✓	✓	✓
Cheesy Double Beef Burrito - Value Menu	!	!	✓	✓	✓	✓	✓	✓
Cheesy Fiesta Potatoes - Value Menu	!	!	✓	✓	✓	✓	✓	✓
Cheesy Roll Up - Value Menu	!	!	✓	✓	✓	✓	✓	✓
Chicken Enchilada Burrito - Value Menu	!	!	✓	✓	✓	✓	✓	✓
Chips and Nacho Supreme Dip	!	!	✓	✓	✓	✓	✓	✓
Double Stacked Taco - Value Menu	!	!	✓	✓	✓	✓	✓	✓
Loaded Beef Nachos - Value Menu	!	!	✓	✓	✓	✓	✓	✓
Mini Taco Salad	!	!	!	✓	✓	✓	✓	✓
Spicy Potato Soft Taco - Value Menu	!	!	!	✓	✓	✓	✓	✓

	Gluten	Milk	Eggs	Fish	Shellfish	Peanuts	MSG	Sesame
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Veggie Cravings

Taco Bell is the first QSR restaurant to offer an American Vegetarian Association (AVA) certified vegetarian* menu.

Bean Burrito	!	!	✓	✓	✓	✓	✓	✓
Black Bean Chalupa Supreme®	!	!	✓	✓	✓	✓	✓	✓
Black Bean Crunchwrap Supreme®	!	!	✓	✓	✓	✓	✓	✓
Black Beans	✓	✓	✓	✓	✓	✓	✓	✓
Black Beans & Rice	✓	✓	✓	✓	✓	✓	✓	✓
Cheese Quesadilla	!	!	!	✓	✓	✓	✓	✓
Cheesy Bean & Rice Burrito	!	!	!	✓	✓	✓	✓	✓
Cheesy Fiesta Potatoes	!	!	✓	✓	✓	✓	✓	✓
Cheesy Roll Up	!	!	✓	✓	✓	✓	✓	✓
Chips and Nacho Cheese Sauce	!	!	✓	✓	✓	✓	✓	✓
Cinnabon® Delights™ (2 Pack)	!	!	!	✓	✓	✓	✓	✓
Cinnabon® Delights™ (12 Pack - Serves 4)	!	!	!	✓	✓	✓	✓	✓
Cinnamon Twists	!	✓	✓	✓	✓	✓	✓	✓
Hash Brown	✓	✓	✓	✓	✓	✓	✓	✓
Pintos N Cheese	✓	!	✓	✓	✓	✓	✓	✓
Spicy Potato Soft Taco	!	!	!	✓	✓	✓	✓	✓
Veggie Bowl	✓	!	!	✓	✓	✓	✓	✓
Veggie Mexican Pizza	!	!	✓	✓	✓	✓	✓	✓

Breakfast (Regional)

Breakfast California Crunchwrap - Bacon	!	!	!	✓	✓	✓	✓	✓
Breakfast California Crunchwrap - Sausage	!	!	!	✓	✓	✓	✓	✓
Breakfast Crunchwrap - Bacon	!	!	!	✓	✓	✓	✓	✓
Breakfast Crunchwrap - Sausage Patty	!	!	!	✓	✓	✓	✓	✓
Breakfast Crunchwrap - Steak	!	!	!	✓	✓	✓	✓	✓
Breakfast Quesadilla - Bacon	!	!	!	✓	✓	✓	✓	✓
Breakfast Quesadilla - Sausage	!	!	!	✓	✓	✓	✓	✓
Breakfast Quesadilla - Steak	!	!	!	✓	✓	✓	✓	✓
Breakfast Salsa Packet (V)	!	✓	✓	✓	✓	✓	✓	✓
Cheesy Toasted Breakfast Burrito - Bacon	!	!	!	✓	✓	✓	✓	✓
Cheesy Toasted Breakfast Burrito - Fiesta Potato (V)	!	!	!	✓	✓	✓	✓	✓
Cheesy Toasted Breakfast Burrito - Sausage	!	!	!	✓	✓	✓	✓	✓
Cinnabon® Delights™ (2 Pack) (V)	!	!	!	✓	✓	✓	✓	✓

	Gluten	Milk	Eggs	Fish	Shellfish	Peanuts	MSG	Sesame
Cinnabon® Delights™ (12 Pack - Serves 4) (V)	!	!	!	✓	✓	✓	✓	✓
Cinnabon® Delights™ Coffee - Hot	✓	!	✓	✓	✓	✓	✓	✓
Cinnabon® Delights™ Coffee - Iced	✓	!	✓	✓	✓	✓	✓	✓
Grande Toasted Breakfast Burrito - Bacon	!	!	!	✓	✓	✓	✓	✓
Grande Toasted Breakfast Burrito - Sausage	!	!	!	✓	✓	✓	✓	✓
Grande Toasted Breakfast Burrito - Steak	!	!	!	✓	✓	✓	✓	✓
Hash Brown (V)	✓	✓	✓	✓	✓	✓	✓	✓
Hash Brown Toasted Breakfast Burrito - Bacon	!	!	!	✓	✓	✓	✓	✓
Hash Brown Toasted Breakfast Burrito - Sausage	!	!	!	✓	✓	✓	✓	✓
Hash Brown Toasted Breakfast Burrito - Steak	!	!	!	✓	✓	✓	✓	✓
Hot Coffee with Creamer	✓	!	✓	✓	✓	✓	✓	✓
Iced Coffee with Creamer	✓	!	✓	✓	✓	✓	✓	✓
Orange Juice	✓	✓	✓	✓	✓	✓	✓	✓
Premium Roast Coffee - Hot	✓	✓	✓	✓	✓	✓	✓	✓
Premium Roast Coffee - Iced	✓	✓	✓	✓	✓	✓	✓	✓
Vanilla Creamer	✓	!	✓	✓	✓	✓	✓	✓

Cantina Menu

At participating locations only

Mtn Dew® Baja Blast Freeze™ (16 oz)	✓	✓	✓	✓	✓	✓	✓	✓
Mtn Dew® Baja Blast Freeze™ (20 oz)	✓	✓	✓	✓	✓	✓	✓	✓

Las Vegas Cantina Menu

At participating locations only

Mtn Dew® Baja Blast Freeze™ (16 oz)	✓	✓	✓	✓	✓	✓	✓	✓
Mtn Dew® Baja Blast Freeze™ (20 oz)	✓	✓	✓	✓	✓	✓	✓	✓
Mtn Dew® Baja Blast Freeze™ (32 oz)	✓	✓	✓	✓	✓	✓	✓	✓

Dirty Sodas

Brisk® Dragon Paradise Sparkling Dirty Iced Tea (16 oz)	✓	!	✓	✓	✓	✓	✓	✓
Brisk® Dragon Paradise Sparkling Dirty Iced Tea (20 oz)	✓	!	✓	✓	✓	✓	✓	✓
Brisk® Dragon Paradise Sparkling Dirty Iced Tea (30 oz)	✓	!	✓	✓	✓	✓	✓	✓
Brisk® Mango Fiesta Dirty Iced Tea (16 oz)	✓	!	✓	✓	✓	✓	✓	✓
Brisk® Mango Fiesta Dirty Iced Tea (20 oz)	✓	!	✓	✓	✓	✓	✓	✓
Brisk® Mango Fiesta Dirty Iced Tea (30 oz)	✓	!	✓	✓	✓	✓	✓	✓
Diet Dr Pepper® Dirty Soda (16 oz)	✓	!	✓	✓	✓	✓	✓	✓

	Gluten	Milk	Eggs	Fish	Shellfish	Peanuts	MSG	Sesame
Diet Dr Pepper® Dirty Soda (20 oz)	✓	!	✓	✓	✓	✓	✓	✓
Diet Dr Pepper® Dirty Soda (30 oz)	✓	!	✓	✓	✓	✓	✓	✓
Diet Pepsi® Dirty Soda (16 oz)	✓	!	✓	✓	✓	✓	✓	✓
Diet Pepsi® Dirty Soda (20 oz)	✓	!	✓	✓	✓	✓	✓	✓
Diet Pepsi® Dirty Soda (30 oz)	✓	!	✓	✓	✓	✓	✓	✓
Dr Pepper® Dirty Soda (16 oz)	✓	!	✓	✓	✓	✓	✓	✓
Dr Pepper® Dirty Soda (20 oz)	✓	!	✓	✓	✓	✓	✓	✓
Dr Pepper® Dirty Soda (30 oz)	✓	!	✓	✓	✓	✓	✓	✓
Mtn Dew® Baja Blast™ Dirty Soda (16 oz)	✓	!	✓	✓	✓	✓	✓	✓
Mtn Dew® Baja Blast™ Dirty Soda (20 oz)	✓	!	✓	✓	✓	✓	✓	✓
Mtn Dew® Baja Blast™ Dirty Soda (30 oz)	✓	!	✓	✓	✓	✓	✓	✓
Mtn Dew® Baja Blast™ Dirty Soda Freeze (16 oz)	✓	!	✓	✓	✓	✓	✓	✓
Mtn Dew® Baja Blast™ Dirty Soda Freeze (20 oz)	✓	!	✓	✓	✓	✓	✓	✓
Mtn Dew® Baja Blast™ Zero Sugar Dirty Soda (16 oz)	✓	!	✓	✓	✓	✓	✓	✓
Mtn Dew® Baja Blast™ Zero Sugar Dirty Soda (20 oz)	✓	!	✓	✓	✓	✓	✓	✓
Mtn Dew® Baja Blast™ Zero Sugar Dirty Soda (30 oz)	✓	!	✓	✓	✓	✓	✓	✓
Mtn Dew® Baja Midnight Dirty Soda (16 oz)	✓	!	✓	✓	✓	✓	✓	✓
Mtn Dew® Baja Midnight Dirty Soda (20 oz)	✓	!	✓	✓	✓	✓	✓	✓
Mtn Dew® Baja Midnight Dirty Soda (30 oz)	✓	!	✓	✓	✓	✓	✓	✓
Mtn Dew® Dirty Soda (16 oz)	✓	!	✓	✓	✓	✓	✓	✓
Mtn Dew® Dirty Soda (20 oz)	✓	!	✓	✓	✓	✓	✓	✓
Mtn Dew® Dirty Soda (30 oz)	✓	!	✓	✓	✓	✓	✓	✓
Mtn Dew® Zero Sugar Dirty Soda (16 oz)	✓	!	✓	✓	✓	✓	✓	✓
Mtn Dew® Zero Sugar Dirty Soda (20 oz)	✓	!	✓	✓	✓	✓	✓	✓
Mtn Dew® Zero Sugar Dirty Soda (30 oz)	✓	!	✓	✓	✓	✓	✓	✓
Mug® Root Beer Dirty Soda (16 oz)	✓	!	✓	✓	✓	✓	✓	✓
Mug® Root Beer Dirty Soda (20 oz)	✓	!	✓	✓	✓	✓	✓	✓
Mug® Root Beer Dirty Soda (30 oz)	✓	!	✓	✓	✓	✓	✓	✓
Pepsi® Dirty Soda (16 oz)	✓	!	✓	✓	✓	✓	✓	✓
Pepsi® Dirty Soda (20 oz)	✓	!	✓	✓	✓	✓	✓	✓
Pepsi® Dirty Soda (30 oz)	✓	!	✓	✓	✓	✓	✓	✓
Pepsi® Wild Cherry Dirty Soda (16 oz)	✓	!	✓	✓	✓	✓	✓	✓
Pepsi® Wild Cherry Dirty Soda (20 oz)	✓	!	✓	✓	✓	✓	✓	✓
Pepsi® Wild Cherry Dirty Soda (30 oz)	✓	!	✓	✓	✓	✓	✓	✓
Pepsi® Zero Sugar Dirty Soda (16 oz)	✓	!	✓	✓	✓	✓	✓	✓
Pepsi® Zero Sugar Dirty Soda (20 oz)	✓	!	✓	✓	✓	✓	✓	✓
Pepsi® Zero Sugar Dirty Soda (30 oz)	✓	!	✓	✓	✓	✓	✓	✓

	Gluten	Milk	Eggs	Fish	Shellfish	Peanuts	MSG	Sesame
Starry® Dirty Soda (16 oz)	✓	!	✓	✓	✓	✓	✓	✓
Starry® Dirty Soda (20 oz)	✓	!	✓	✓	✓	✓	✓	✓
Starry® Dirty Soda (30 oz)	✓	!	✓	✓	✓	✓	✓	✓
Tropicana® Dirty Lemonade (16 oz)	✓	!	✓	✓	✓	✓	✓	✓
Tropicana® Dirty Lemonade (20 oz)	✓	!	✓	✓	✓	✓	✓	✓
Tropicana® Dirty Lemonade (30 oz)	✓	!	✓	✓	✓	✓	✓	✓

Fountain Beverages (16 oz)

Brisk® Dragon Paradise Sparkling Iced Tea (16 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Brisk® Mango Iced Tea (16 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Diet Dr Pepper® (16 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Diet Pepsi® (16 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Dr Pepper® (16 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
G2 - Fruit Punch (16 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Lipton Unsweetened Iced Tea (16 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Midnight Mtn Dew® Baja Blast™ (16 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Mtn Dew® (16 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Mtn Dew® Baja Blast™ (16 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Mtn Dew® Baja Blast Zero Sugar (16 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Mtn Dew® Zero Sugar (16 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Mug® Root Beer (16 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Pepsi® (16 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Pepsi® Wild Cherry (16 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Pepsi® Zero Sugar (16 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Starry® (16 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Tropicana Original Lemonade (16 oz)	✓	✓	✓	✓	✓	✓	✓	✓

Fountain Beverages (20 oz)

Brisk® Dragon Paradise Sparkling Iced Tea (20 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Brisk® Mango Iced Tea (20 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Diet Dr Pepper® (20 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Diet Pepsi® (20 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Dr Pepper® (20 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
G2 - Fruit Punch (20 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Lipton Unsweetened Iced Tea (20 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Midnight Mtn Dew® Baja Blast™ (20 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓

	Gluten	Milk	Eggs	Fish	Shellfish	Peanuts	MSG	Sesame
Mtn Dew® (20 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Mtn Dew® Baja Blast™ (20 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Mtn Dew® Baja Blast Zero Sugar (20 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Mtn Dew® Zero Sugar (20 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Mug® Root Beer (20 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Pepsi® (20 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Pepsi® Wild Cherry (20 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Pepsi® Zero Sugar (20 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Starry® (20 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Tropicana Original Lemonade (20 oz)	✓	✓	✓	✓	✓	✓	✓	✓

Fountain Beverages (30 oz)

Brisk® Dragon Paradise Sparkling Iced Tea (30 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Brisk® Mango Iced Tea (30 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Diet Dr Pepper® (30 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Diet Pepsi® (30 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Dr Pepper® (30 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
G2 - Fruit Punch (30 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Lipton Unsweetened Iced Tea (30 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Midnight Mtn Dew® Baja Blast™ (30 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Mtn Dew® (30 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Mtn Dew® Baja Blast™ (30 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Mtn Dew® Baja Blast Zero Sugar (30 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Mtn Dew® Zero Sugar (30 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Mug® Root Beer (30 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Pepsi® (30 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Pepsi® Wild Cherry (30 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Pepsi® Zero Sugar (30 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Starry® (30 fl oz)	✓	✓	✓	✓	✓	✓	✓	✓
Tropicana Original Lemonade (30oz)	✓	✓	✓	✓	✓	✓	✓	✓

Last Updated: 07/20/2026

Ingredient Statement Key:

C = Color added

VC = Vegetable color added

PF = Protects flavor

P = Preservative

Menu data is based on current U.S. formulations (based on zero grams trans fat canola frying oil) as of the date posted. Product formulations and nutritional values may differ for Taco Bell® Express and "multi-brand" (Kentucky Fried Chicken®/Taco Bell®, Taco Bell®/Pizza Hut®, and Taco Bell®/Long John Silver's®) menu items that may be based on a different type of oil, and for products outside the continental U.S. Although this data is based on standard portion guidelines, variation can be expected due to seasonal influences, minor differences in product assembly per restaurant and other factors. Product formulations and/or ingredient changes may occur before www.tacobell.com is updated. Substitution of ingredients may alter nutritional values. Menu items and hours of availability may vary by location. Regional menu items are available only at participating locations. Except for Taco Bell® Express, multi-brand menu items, limited time offerings, and test market menu items, single-brand menu products as of the date posted are included in this Nutrition Guide. [Full Disclaimer]